



Advanced Intermediate Checklist

Are you ready to take a COR exam? Find out using this handy checklist.

Advanced Intermediate: Level 1

	Student can properly wrap a horse's leg with a polo wrap and put on jumping boots
	Student can perform all schooling figures with confidence and precision at a walk, trot, and canter Horse exhibits appropriate amount of flexion and balance (e.g. horse's hips are aligned with its shoulders) during all schooling figures
	Student can feel when the horse is on the bit and maintain that contact for 2 circles (10 meters) [will require that the horse is supple and flexed at the poll]
	Student can gallop a horse while staying in control and remaining calm
	Student can perform a flying lead change without relying on the rail for assistance
	Student is introduced to collection and extension
	Student can perform smooth walk-canter transitions with rider maintaining control over the first 5 canter strides
	Student develops a stronger form over fences e.g. 2-point position, heels down, crest release
	Student can jump larger, individual cross poles and verticals
	Student can jump small courses (a series of at least 3 jumps)
	Student is introduced to grid work
	Student is introduced to working outside of an arena e.g. cantering on hills and jumping outside of an arena
	Student can identify additional horse anatomy structures

Advanced Intermediate: Level 2

	Student is introduced to lunging a horse
	Student can perform all schooling figures (walk, trot, canter) with confidence and precision while outside of an arena
	Student can perform an extended walk
	Student can perform a collected and extended trot and canter
	Student can feel when the horse is on the bit and maintain that contact for 5 circles (10 meters) [will require that the horse is supple and flexed at the poll]
	Student can jump medium courses (a series of at least 6 jumps)
	Student can successfully complete a trot gymnastic
	Student is introduced to judging distances between fences
	Student is introduced to counting strides to a fence
	Student is introduced to the body condition scorecard
	Student is introduced to horse conformation and evaluation
	Student can identify a select number of poisonous and beneficial plants to horses

Advanced Intermediate: Level 3

	Student can skillfully lunge a horse without assistance
	Student can successfully complete a canter gymnastic
	Student can shorten & lengthen the number of strides to a fence
	Student can create and successfully jump their own jumping course (7 fences) keeping in mind distances between fences and fence difficulty
	Student can accurately evaluate a horse using the body condition scorecard
	Student can identify a select number of common horse ailments e.g. colic, laminitis, checking for dehydration, taking horse's temperature